



# Waste-Free Lunch

**CHALLENGE**

## Fridge Packing Reminder

Yes please	No thanks
REUSABLE lunch container	SINGLE-USE paper or plastic bags
REUSABLE food storage containers	DISPOSABLE plastic wrap, foil, wax, or styrofoam
REUSABLE drink bottle or thermos	SINGLE-USE containers
CLOTH NAPKIN to wash and re-use	PAPER napkins
CUTLERY/SILVERWARE to wash and re-use	PLASTIC forks/spoons
HEALTHY snacks!	OVER-packaged snacks

More information available at:  
[www.wastefreelunch.com](http://www.wastefreelunch.com)

